The credit crunch has turned the financial world upside down. We all know that Halifax Howard has been rescued by the black horse and part of the Bradford & Bingley has been nationalised. But is the future as gloomy as the press would like you to believe? Although good news doesn’t sell newspapers, however the markets always work in cycles – what goes up must come down and go up again. Here are some tips as credit crunches:

• Limit your cash savings to £50,000 with each organisation, as you are protected under the Financial Service Compensation Scheme, and beware of groups: organisations such as HBOS, Bank of Scotland, Birmingham Midshires, Halifax & Intelligent Finance are one organisation, so save a maximum £50,000 within the group as a whole.

• If your mortgage rate is expiring with your current lender over the next eight months, look at securing a new rate now as rates may get worse. If you have savings and tax-bill funds, you may benefit from an offset mortgage.

• Any outstanding balances on credit cards? Secure 0 per cent balance transfers for up to 15 months (set up charges vary between 2.5 per cent to 3 per cent). Reduce the balance by setting up a standing order as there are no guarantees these schemes will be available in the future.

• Consider a stocks and shares ISA. The people who have made the largest stock-market gains in the past are those who hold their nerve when the markets fall.

• Review your utility charges – websites such as uswitch.com will compare your current provider with the market. Consider fixing your gas and electricity charges. British Gas has a fixed-price plan until 2012.

• Have you started any life insurance policies prior to 2006? Several life-insurance companies have reduced their rates, so contact your financial adviser to see if they can re-broke your plan(s).

Good times ahead?
Stock markets and property prices are falling, there will be great opportunities ahead. Start planning today so you can maximise your future gains. These cycles on average only happen every 15 to 20 years, don’t miss out.

If you want to start or increase a buy-to-let portfolio, there are some factors you will need to bear in mind. Lenders need a minimum deposit of 15 per cent and the rental income must at least cover mortgage payments on an interest-only basis.